



### **Facts About Xocai Chocolate:**

Here are the four out of five top killers that epicatechins are able to fight

The health benefits in epicatechin may rival penicillin and anaesthesia in its level of importance.

1. Cancer
2. Heart Disease
3. Stroke
4. Type 2 Diabetes (reduction in insulin levels does take place in type 1 diabetes, however, people are born with type 1).

Orac Scale:

An independent rating of foods to determine the level of antioxidants they contain (Brunswick Labs).

Positive effects of ingesting cacao bean elements:

- Enhances cardiovascular system
- Promotes Respiratory Function
- Helps joint flexibility/mobility and function and ease of motion
- Encourages Healthier Blood Pressure
- Encourages Healthier Cholesterol Levels
- May act as a Histamine Blocker
- Increases Serotonin Levels
- Encourages Dental health
- Suppress food cravings
- Encourages healthy elimination
- Sexual Stimulant
- Skin Benefits